



Unbound Grace

Continuum of Care

*Walking with you through every season of recovery.
Finding hope in the wilderness of addiction.*

Active Addiction

A cycle of destructive behavior surrounding substance misuse. Marked by dishonesty, denial, and excuses.

Turning Point

An event or set of circumstances that precipitates a willingness to change.

Getting Help

Reaching out to a trusted friend, family member, or professional, to clarify and address the problem.

Treatment & Recovery

Working with professionals to develop and carry out a treatment and recovery plan for both the individual and loved ones.

Lifestyle Changes

Implementing healthy lifestyle changes that cultivate the desire for a different way of life. Adopting new, healthy habits. Maintaining a recovery lifestyle.

Ongoing Support

Maintaining support structures and healthy life rhythms in pursuit of spiritual, physical, and relational health.



Core Services

- Individual & Family Consultations
- Develop a Recovery Plan
- Referrals and Resources
- Building Support Structures
- Individual & Family Counseling
- Regular Support Group Meetings
- Developing Healthy Community
- Supportive Lifestyle Changes
- Discipleship / Mentoring Opportunities
- Ongoing Support

Unbound Grace *Rhythms of Recovery*

